



SPEAKER and MASTER
Dr. Debi Prasad Mishra,
Director, NITTR Kolkata



COORDINATOR

Dr. Rayapati Subbarao,
Associate Professor,
Mechanical Engineering
Department

NATIONAL WORKSHOP ON PERSONALITY DEVELOPMENT

23RD TO 25TH DEC 2023

SESSIONS WILL COVER

- Stress Management
- Time Management
- Essence of Bhagavad Gita
- Yoga and Pranayama
- Physical wellness
- Study Techniques

PARTICIPANTS

The students from Higher Educational Institutes of India and other youths can participate in this event. Only, limited seats are available. Participants will be accommodated, based on *first come first serve* basis.

FEE

Nominal fee of Rs. 300/- as per the institute norms.

VENUE

NITTR Kolkata

**LAST DATE OF REGISTRATION: 15TH
DECEMBER 2023**

ACCOMMODATION

Free hostel accommodation and food will be provided in the institute. No travel allowances will be given for participants.



About the speaker

Dr. Debi Prasad Mishra has rich experience in conducting similar programmes involving students and teachers. He has been a Professor in the Department of Aerospace Engineering at IIT Kanpur for the last 25 years. He is well known as a motivational speaker among the students and teachers for his lectures on Traditional Indian knowledge system. Currently he is taking online classes on Shrimad Bhagavad Gita regularly and has delivered several lectures on Indian culture and tradition.



About the institute:

National Institute of Technical Teachers' Training and Research, Kolkata, established in 1965 under the Ministry of Education, Government of India is a premier institute in the country, which is primarily concerned with technical teachers' training at various levels. The institute is also offering four M. Tech Programmes, with state of the art facilities, qualified faculty, and staff members.



HOW TO REGISTER

For registering, participants are requested to fill the google form by clicking <https://forms.gle/ihtag3uoUDe2EPPEg7>.

For additional information, participants may contact the Academic Affairs Section by mailing to either academci@nittrkol.ac.in or rsubbarao@nittrkol.ac.in. They may call: 033 66251901 or 033 66251974